

New Eyes/ New Heart

3) Intro-

Hello everyone. Thank you everyone again for coming!

I want to say thank you to all of you to who participated in the activities this morning, Weeks and months have gone into careful and prayerful preparation of these so I hope you all have had some powerful experiences of discovery, and have had some fun! I hope you will also journal and reflect on your experiences for the next little while. I guarantee you, if you do this you will receive more insights.

And those of you that haven't had a chance to attend any yet, please take advantage of this opportunity to participate in them tomorrow. It will be worth your time.

Im going to say some key things today that will hopefully give additional insight to your experiences this morning. My hope is that you have began to discover some of the things I'm about to bring out. Im going to be talking about the process of repentance and how it brings a new heart and new eyes.

Objective

In the 7th address to the christians talk, We were told that what the Lord was up to today was the unifying of all things in Christ. We have been through a lot together the last few years. Many of us still carry deep wounds as a result of some of the projects we have sought to unite on together. Some of us still suffer from the division that has come as a result. After all the hurt, trauma, and wounds inflicted on one another, The question still remains among us, "How do we unite?"

Tho I will expand on this, I believe the simple answer is through the Doctrine of Christ. We have countless examples in the Covenant of Christ that show us that those who followed and lived by the Doctrine of Christ also lived in peace with one another and had no contentions among them. I'd like to use this diagram to expound on this idea with you to help you see what I am seeing, and what I have been able to see more plainly since reading the Covenant of Christ. We are going to look at this whole concept from a different angle, one you most likely haven't considered before. My hope is to bring new perspective.

3 parts of Lotus Flower

We will dive into it deeper but lets get an overall view first.

This diagram of the lotus has 3 parts. The Roots, the Stem/ Leaves, and the Flower.

1. Roots- represents the natural man/ the carnal state that we all find ourselves in, as a result of the fall. Ive heard this state explained as the 3D dimensional world, where time exists, and where the 5 senses operate. Another way it can be explained is the ego. Notice it is in the muck under water, away from the light.
2. Stem/ Leaves- represents the process we go through as we wake up to our awful situation and begin to head to the light. It is the repentance process, the offering up of a broken heart and contrite spirit and surrendering our will over to the Lords.
3. Flower- is above water, represents the state in which we are in the light, open and standing in the Presence of our Redeemer. It is where we are childlike, full of love, charity and experience oneness.

(4 archetypal behaviors that keep us in either the light or the Roots/ Muck)

Lets look at these 3 parts a little deeper. I'd like to spend a bit of time in each one to really understand them so we can know and recognize where we are as a people and as individuals, and how to get to where we want to be.

With in these 3 parts we will also look at 4 universal archetypal patterns. These patterns are the behaviors we all fall into as a result of the wounds we have all had in our past. One thing that the Lord told us in the answer to the Prayer for Covenant was that, We have all been wounded, and we have been wounding one another. We will get into that more in a minute but first lets look at these 4 Archetypal patterns and discover what keeps us stuck in the muck away from the light.

Everyone of us in this 3D dimensional world have these four universal behaviors in some way as a result of the fall. Its important to bring awareness to it so we begin to see clearly.

- A. Victim- We all play the victim for positive feedback in the form of self-pity. When in a victim mentality we have the inability to maintain our personal boundaries or we may have the tendency to victimize others for personal gain.
 - 1. This is described in our scriptures as taking offense, or as being acted upon rather than acting. When in this behavior, we get into power plays, harm others with our words and actions, or take things very personal. When we are in the victim mentality we refuse to take responsibility for oneself. We don't take accountability.
- B. Saboteur- We sabotage when our fears and issues related to low self-esteem cause us to make choices that block our own empowerment and success. It also shows up as self-destructive behavior or the desire to undermine others.
 - 1. A double minded man is unstable in all of his ways. We have to ask ourselves if we are acting from a place of Fear or Love. If we are unaware of our unconscious behaviors, unbeliefs, and words, we sabotage. We gossip and are idle with our words blaming, Accusing others, Justifying ourselves, also speculating and make assumptions that are based on our past experience which is based on trauma and victimhood. All of these things cause sabotage.
- C. Prostitute- This is to lose/ sell oneself, or ones talents, ideas or expression of self for low or unworthy purposes; it is negotiating your integrity or spirit. We prostitute when we place material considerations or security above self-empowerment. This also activates aspects of the unconscious related to seduction and control;
 - 1. In other words prostituting is when we step out of honor and integrity. Ex) prostitute behavior includes: changing who you are in order to be accepted by others. It leads to people pleasing, not being authentic because of the need to be seen as "_____", It is to use your word against oneself or others. The need for survival and security is what triggers this behavior causing one to give up themselves or the truth.
- D. Child- Of course when these other 3 are going crazy, we act like a child. When triggered, we go back to the age when we were first wounded and respond from of place of fear. It comes out in childish behavior. It may show up as stubbornness, bing pessimistic, irresponsible, destructive, the inability to mature or receive nurturing, holding a grudge, wounding others or not being able to defend yourself.

Note that when one of these behaviors are present, you can bet the others are too.

Part 1- the Roots/Muck

A- Description: Individually

Let me give you a visual on how these actually play in our lives and keep us stuck in the muck. If you listen to the first zoom meeting Sept 22, you will recognize a lot of the same terminology

and concepts here. This is all through out the Covenant of Christ. Hopefully you will connect the dots and see the patten I'm laying out here. If you haven't seen the zoom meeting, I recommend you watch it to get the full picture.

When we were born, we came in to the world fresh, clean, innocent and new. We were full of light, and we lived from our true authentic self. We had no baggage, or imprinted stories. We were loved for being ourselves... at least at first. As we grew, we experienced our first traumatic experience where our innocence was taken. We no longer seen the world as safe. And it was no longer safe to live in authenticity. All of us became domesticated to fit in with our environment. We were told whats acceptable, and like a dog rewarded or punished for good/ bad behavior.

Some of us tried to fit in so we could be loved and accepted. Others responded in rebellion to try to remain true to themselves. But we were all told in some way or another "You cant be yourself, You should be ashamed". And from there we spend the next little while losing ourselves and forgetting who we are. We begin to live a false identity. Why? Because we fear rejection. In that traumatic moment we agreed with the accuser and took on the identity , "Im on my own", "I don't belong," and Something is wrong here. We are no longer living from a place of Love, but Fear. We have fallen from Grace. We begin to IDENTIFY WITH SIN.

This domestication is done to us by the accuser through our religions, traditions, family, parents, churches and friends. It happened to all of them too. Everything in our environment tells us how to be so we formulate a mask and try to live up to it.

When we cant live up to the expectations, we say "Poor Me", "Im not good enough", "Im Not intelligent enough or attractive enough" Im not worthy of love or even lovable." And so on. We become the victim.

This unbelief is like a seed planted and once we AGREE to it, it begins to grow. Which ever unbelief we **agree** to, becomes our victim story. And it runs our entire life. Reflect back on the activities from this morning. Did it present itself? I can assure you it did somewhere. If you have discovered your victim story I encourage you to write it down.

This victim story that we agreed to is stored in our solar plexus. Otherwise known as the fear belly. So when we try to make our own decisions with new information that goes against our programing, we get a sensation in our belly. It is the fear of being rejected, fear of failure, or of making a mistake. Of course we don't like to feel vulnerable or unsafe so we go back to where it is safe and comfortable, where its familiar. In making the decision to go back to where it is comfortable and familiar, we sabotaged our success, our empowerment and any possibility for growth or change. The trigger for fear went away, so we think. But what we don't realized is that this victim stays in control of us.

We project our victim stories on to others and they only confirm it to us in the way they treat us because we can only see through the lens that we project onto others. This is part of the "awful blindness" the Lord desires to heal us from. Because when we see the world through a lens of lies, we can't see the truth, it doesn't matter if the truth is all around you, because you either block it out completely or filter it as it comes to you. So like the Lord said, we are unable to see clearly. So the actions of others may be loving in their eyes, but you are only capable of taking offense believing that they are trying to offend you, because your lens might be "nobody likes me". It doesn't matter what they say, or do, you are convinced your a victim.

We pay for our mistakes 1000 times. When we agree to things that victimize ourselves, we create a living Hell/ Emotional Drama all ruled by fear. Its all an illusion. Its not the truth. We use our words to tell our victim story sucking others into the lies and drama. And others suck us into theres. We abuse ourselves and use the word against ourselves, Saying things like "Im so stupid, Im so bad, Im unworthy, I don't deserve" And we set up stakes for what we

allow into our space, blocking the light. We all take on the roll of the accuser telling each-other, "your not loved", "you are stupid," "you don't belong, go play with someone else". We become cruel to one another.

With out realizing it we agree to each others victimhood holding each other in it. Each child born eventually loses who they really are and becomes a victim to the accuser. Then we turn into the accuser our children lose who they are too. We have all lost our identity in Christ. We form strongholds or walls based on the trauma we experienced. A strong hold is a firm held belief/behavior that we **learned** when we were told we cant be ourselves. In some cases it can seem like a good thing because we think it protects us but it actually does the opposite. It keeps people out.

Examples of strong holds,

- 1) You may have said something that was taken the wrong way so you learn to be shy, you stop using your voice.
- 2) You may have messed up and gotten negative feedback from a parent, so you become a perfectionist.
- 3) You might have had an experience where a mistake was made that you believe was your fault, so to be sure nothing like that happens again, you become controlling.
- 4) Other behaviors we take on:
You might rescue others, become stubborn
Or become overprotective,
- 5) you may be afraid to confront your own inner bully and fears. So you become the bully.
- 6) A BIG ONE that a lot of us have is mistrust. The attitude that "I don't trust you,". "I wont ever be hurt again", because You've lost trust or confidence in someone.

The key is all of these are a mask. Its a way of being that we've learned for the purpose of making sure that we never have to go through that trauma again. They are all behaviors that we take on in order to protect ourselves and we use it to keep others out. Its like a covering or a garment to keep people from seeing our weakness.

All of these learned behaviors are examples of the WRONG thing being learned as a result of trauma. Because these behaviors are not really us. They are a result of taking on the wrong identity. But when we start seeking to be someone we are not, we are actually stepping out of our honor and integrity, (prostitute) and even begin to abuse ourselves or go against ourselves. We do this because we want love and acceptance. We are so afraid that if they really knew who I was then they would reject me. because "Im not loved". (Goes right back to the victim story.) We are trying to survive. And when we are in survival, we do things that go against ourselves and what is right. We lie, cheat, steal and allow ourselves to be treated wrongly and in turn harm one another.

One definition I heard of sin that I really loved is this: Sin is anything you do that goes against yourself. Think of prostitute. Its another word for sin. You go against yourself to survive, be accepted. Changing who we are, wearing a social mask, and allow others to abuse you because you are abusing yourself.

The level of self abuse is exactly the level of abuse you will tolerate from others. It is also the same level of abuse you inflict upon others. Its a mirror. You only walk away when they cross the line. Otherwise you will stay in it. You think you deserve to be treated like dirt., that your not worthy of love and respect. If you walk away, you only walk right back into the same level of abuse with someone else because you didn't learn to honor yourself.

We create the same scenario over and over in our lives, Continually get ourselves in relationships that dishonor us. We get sucked into situations like this because we want to be loved and accepted so bad! So we give ourselves up and lose ourselves again and again. Then we walk away the victim again, and walk right into the next relationship that is just like the last. Then we say“ see I knew it, I wasn’t enough for Him/ Her either. What we don’t realize is that we are sabotaging ourselves and our lives.

The moment we learn to love and accept ourselves for who we are is when we invite and allow others to treat us with love and respect. Im not encouraging leaving or staying in a relationship. I am encouraging self love and self respect. I am encouraging you find out who you really are and to honor yourself. Its all connected.

B- Example

Let me connect all of this with an example so that it hopefully makes sense to you. When I was in Kindergarten, I had a best friend in class that I did everything with. It wasn’t very long into the school year that her cousin joined the class. The moment she arrived it was like I didn’t exist any more. They came to school with matching shirts, and the same coloring activity books. They did everything together. In that moment I felt sad and rejected. I took on the victim story that “Im not enough”. I don’t have the shirts or the toys they have, Im not enough to be in their group. A couple of years later. I made another friend and was very on guard to make sure no-one else came to play with us. I was so afraid of rejection, I became more possessive of her. But my behavior caused her to find a different friend. This same pattern happened over and over again. I would make a new friend, it became a group of 3 then it became the 2 of them. I was left alone again. In 6th grade I started going to public school. The pattern continued. It was because I wasn’t enough. I tried to be like the other kids and say something funny. But no-one laughed, I felt so rejected. “I must be really stupid I thought”. I became super insecure and afraid of people. At recess I hid in a corner hoping nobody would find me. I didn’t dare talk to anyone. In junior high my grades struggled because the information didn’t make sense. I didn’t dare ask for help. I just believed I was stupid. If anyone reached out to me, I stayed guarded and never fully let them in. I wasn’t fully honest about who I was and where I was from. I later realized that I carried the stronghold, “I don’t trust you, you will eventually leave me. So I’m not letting you in.” If someone invited me over to hang out I’d say “I’d really like to but I’m too busy, I already made plans.”, I kept people out, and when I stopped getting invited to things, I thought, “Im not good enough. Nobody likes me. There must be something wrong with me.”

My victim story caused me to seek to be someone I wasn’t (Prostitute). And when I had an opportunity to make a friend, fear of being rejected again caused me to sabotage all my relationships. I was so afraid of rejection, that I assumed everyone would eventually reject me. And of course they validated my story because that was all I could see at the time. I believed I was the victim. I was blind to the fact that I had created all of that. I didn’t know how to be a friend to someone else. The trump card I used to keep people out was “I’m too busy”. We all have one of those too. Its an excuse we use to cover up the real reason we are keeping people out. I never had any close friends, not anyone I could be fully honest with. The pattern still played out into adulthood but much more dramatically. I had to learn the right thing. I had to recognize it and take accountability for my story and learn who I really was. I made the decision that when an opportunity presented itself for me to grow and expand my potential that seemed unsafe and scary, I would push through my fear. Ive had to learn not to let fear rule over me.

If our identity, and therefore our actions, are driven by a victim story, then the subconscious is working to sabotage all our efforts. The fruits of any effort reveals the word/ or seed that was

planted or agreed to. In the example above, the fruit will only validate the unbelief of “Im not enough”. It is bitter and ill formed.

All of us do something like this that pertains to us personally. Different than this example but similar. And I have found that not only are we sabotaging our relationships with others, we are actually doing the same thing with our Lord. I later discovered that I had the exact same stronghold keeping God out. “I dont trust you. You are going to reject me.” I also had the same trump card. “Im too busy”. I had a false image of who God was. I actually discovered this in a ropes course years ago. Thats what these activities are designed for, to help us discover these blindspots. You will get out of it what you put into it. These activities can be powerful!

We all come from backgrounds of generational trauma that has been passed down. Its part of the human condition we are currently in. As a result of these experiences we develop false belief systems or “unbelief” around our identity and the identity of everyone else including the Lord, that keeps us separated from others and separated from Him. The fall of man is separation from God. Not only are we trying to figure out who we are, but who God is. How are we ever going to come into the presence of God if we hide in shame from Him and cover ourselves with our false identities?. We claim we want to know Him, to receive the second comforter. But if we stay in this condition, we hold Him away.

This quote comes from the podcast. Suffering part 2: “Our minds are Skeptical. We have to open the door, because almost invariably the door that we configure to keep Him out from our construct, is **something that has come about as a consequence of what has happened in your life**. From the time you left that state of innocence as a child in the Garden until today, everything that has gone on in your life has led you, to where you now construct a door... some oak, some iron. Whatever it is that has happened to you, **you use THAT to keep Him out.....**”. (Him being the Lord)

I find it fascinating that the title accuser has taken the place of Satan in the CoC. That tells us specifically what the accuser is targeting and what the cause of all Evil stems from. Its the attack on our Identity. That is what keeps us separated from God.

The accuser doesn't want us to know who we really are. He wishes to keep us hiding in shame away from the presence of God because if we knew the truth about who we were we would know who our God is too. These lies are used to hold us captive in the chains of hell. I believe this is the cause of ALL division. Id like to expound on this idea.

C-Description: Collectively

When 2 people or more seek to be united in something, they invariably will begin to poke at each others wounds and trigger one another. Not on purpose but subconsciously because our wounds mirror one another. They send each other into fight flight or freeze, causing disputations and contention. For example if some one has the belief “Im not enough” and their partner has the belief that “Im not loved”, when a disagreement comes up over anything, they will both respond in a way that validates that to each other. They think the disagreement is about how to raise the kids, or whose turn it is to take out the trash.

During the argument, they have made the other person “bad” and themselves “right”, because they themselves feel like the victim. They attack each others identity and begin to make monsters out of each other, accusing one another. Then they gossip about the drama to their friends and family, and more people are sucked in and begin to agree with with the victim.

Gossip is like a computer virus with so many conflicting messages and emotional codes that it destroys the program so it cant function. Gossip spreads poison. It harms every individual who agrees to it. It is all based on assumption.

When people start spreading gossip, it is called **conspiracy**. It is what divides and destroys a people. Some people do this intentionally conspiring to push their own agenda or to gain control. This has the potential to sabotage the work of anyone seeking to do a good thing. It sabotages relationships, causes division and chaos and if allowed to continue it causes war, death and destruction. In the case of the Jaredites they fought until they killed off every man woman and child. This conspiracy sabotaged their entire happiness, life and existence.

We are addicted to drama and suffering. It gives us a feeling of importance, something to talk about and something to do. Its in all of our entertainment! Sadness and Drama is rooted in making assumptions and taking things personal. Where theres assumptions, there is sabotage because assumptions cause sabotage. Our assumptions come from our victim stories.

We could clean up this mess by clarifying our assumptions. But its hard on our ego and pride and the need to be right. Until we ASK or are willing to receive the truth and consider that there might be something we are not seeing, We are only capable of seeing what fits into our narrative. This is called confirmation bias. It is our preconceived ideas, sacred cows, religious dogma, and false traditions. If we asked for the truth, we risk our own weakness being exposed. We risk being wrong. We are blinded by our own **stubbornness and pride**. Our hearts are so hard against the truth, unable to see or even comprehend it. This is the awful state of blindness talked about in the Covenant of Christ that we have been asked to awaken from, and the blindness the Lord told us he desired to heal us from in the answer to prayer for covenant.

If you remember the zoom presentation on Sept 22, we discovered that Hard hearts = Blindness of mind and eyes. It also = refusing to ask for, see, or hear the truth. A perfect example of this is Laman and Lemuel. Nephi asked them if they brought there dispute to the Lord. Their response? The Lord makes no such thing know unto us. They remained hard in their hearts and blindness, assumed Nephi sought control over them and sabotaged their relationships with their own family and God. The result was generations of war and contentions between the Lamanites and Nephites.

Some people might say we could avoid all of this if we just chose not to dispute. I agree that there is a time and a place that this is applicable but it cannot stand on its own. Simply choosing not to dispute may also bring with it ignorance if we still refuse to ask for the truth. We remain in blindness controlled by our egos. If this is the case, choosing 'not to dispute' mostly likely brings the compromising of ones integrity. This would be a flight or freeze state, because they have chosen not to fight. Putting on a sweet happy face when it goes against yourself is prostitution. It leads to losing your voice and losing yourself. We have plenty of extreme examples of fundamentalist groups who teach, "Keep sweet", "Fit in", or "Tie Back" The idea is, just don't contend, Just go along to get along, just don't talk about it so we can have peace and work together. But what actually happens is one ends up exercising control over the other. It all leads to the same outcome and bares bad fruit of oppression and inequality whether its on a big scale or a small scale. In this case feelings are stifled ready to blow up in a different form. The result? Mental Illness and broken people who have completely lost themselves. I have seen this first hand. I can guarantee you we don't want to go down this road. We have to get to the heart of the matter. We need discernment, to recognize if we are responding from fear or love in any decision we make. We have to check our foundation and clarify our assumptions.

(For diagram: The fruits of these learned behaviors= Terrible relationships, lack of trust in one another, Conspiring for control, pride, accusing, backbiting, contention, anger towards one another, division and separation, stubbornness, selfishness, inability/ refusal to see the truth or

come to know God so therefore remaining Blinded by their own sin, and War/death/ destruction.

This same list accompanied the term hard heartedness in the CoC.)

Part 2- Leaves- Repentance Process

Brings us to the next stage.

2) Leaves

This is the repentance process. it includes waking up to our awful situation, entering into baptism by water and receiving the baptism of Fire and the Holy Ghost. Cleansing process where all the dross is burned off.

In the CoC, every time this process began, it came as a result of hearing the truth and being willing to receive it. It always came from a messenger who came to deliver the word. Those hearing the message chose whether they would remain hard hearted or wake up. Sometimes the messenger or word of God came as a result of asking for wisdom, other times not. It was the difference between the meek and humble and the hardhearted/ blind. So this section includes the willingness to ask, and approach God for His part. We don't receive the truth if we don't ask. We remain in the dark.

Repentance includes Surrendering, Letting Go, Releasing, and Forgiving.

Let Go of unbelief/ victim stories. Letting go of our false images/ assumptions, fears, Forgiving your offender, and give up the offenses, giving up the need to be right. Surrender to the truth and light and be willing to see it, letting go of resistance, Release the need to be in control. Its the Doctrine of Christ. Repentance requires that we learn something. Which means we have to let go of the wrong thing that was learned. (our strong holds)

Our Lord provided the way for us to return to him. He took on the sins of the world and suffered all things so that we dont have to if we would repent. Suffering is optional. The sacrifice of all earthly things, is what He is asking of us.

What are the earthly things we are asked to sacrifice? This 3 dimensional world. The veil of unbelief. Our egos, The human condition, the carnal state or natural man. Our pride. Our assumptions and preconceived ideas that keep us blind to the truth. Its everything we use to keep Him out. It may or may not include material possessions depending on the motivation for having them. Is it for status or to gratify pride and using them as part of a social mask? It may not include that. It is different for each person. We have to sacrifice what the Lord has asked of us. Basically it boils down to letting go of our False Identities.

When we look at sacrifice in this way, it makes sense why Abels sacrifice was accepted and Cains was not. It sheds light on what was really being asked of the people of Moses when they were told to look at the serpent on the staff in order to be healed, it also gives insight into why some would not look It sheds light on the old testament ceremony of putting our sins on an animal and offering it up in sacrifice. It is a sacrifice of our false identity. Jesus Christ reconciled all of that, took on the sins and false identities and overcame the accuser. His suffering in gethsemane was so that we too can overcome and be reconciled again with Him and one another, taking on us a new identity. The name of Christ

Again, This process begins when we get a glimpse of the truth by hearing the word of the Lord. We can begin this by humbly asking, what lack I yet? What is the truth? When the truth is revealed to us, what is the first thing we see? Our weakness, its waking up to our awful situation. All the lies and false images are exposed in the light. It tends to pain our souls **if** we will see it. Its not comfortable! Think of the painful process Alma the younger, King Lamoni and others went through when they chose to give up of all of their sins to follow Jesus Christ. We have to give up what what we think we know, and step into the unknown. It requires that we change and learn something different.

The hard hearted reject this process. The truth shakes them to their core. They choose to stay in the muck because it feels safer. When we feel shaken on our sandy foundation, that is our opportunity to humble ourselves and see the truth. Its difficult to do so because we feel exposed, vulnerable and naked when we come into the light. But if we are willing to be seen in our sins and weakness and confess them, the Lord will provide us with healing and a covering, in preparation to meet Him. He will make our weakness our strength. Coming to the Lord means that we are exposed in His glory, weakness and all. This can make us feel shame and wish to hide from Him like Adam and Eve did.

Every relationship is a mirror in several different ways. Every relationship offers a clue so we can discover the unbelief and fallen condition we are in. When we are triggered by each other, it is a form of feeling exposed and can cause us to go to fight flight or freeze, the muck. However in that same moment it is an opportunity to discover our true selfs, and even God if we are willing to allow the Lord to show us what we cannot see.

We have to go back in order to go forward. We have to heal our wounds that have caused our hard hearts and blindness. We have to knock down the wall we have built around our hearts to not just keep each others out but also keep the Lord out. We have to be wiling to go through the process. The old foundation has to crumble so we can build a new foundation.

We seen examples of this throughout the covenant of Christ and we also seen many examples of those who chose not to go through this process but chose instead to hide in shame, and sought to cover their sins with their pride. They instead remained in a state of unbelief and blindness, built on a foundation of lies.

If we are willing to go through this process, We break through the the veil of unbelief (have a paradigm shift). We get new eyes so we can see clearly now.

Part 3- The Fruit/ Flower

Creative, beautiful, one/ unity.

Those that were shaken and willing to wake up from their awful state of blindness and received the truth, went to the Lord confessing their sins, being accountable for them and seeking to undo the damage they had caused and inflicted upon others. And they came to know the Lord, receiving more light and truth, and as a result because they were built on the truth and had bound the spirit of satan and conflict inside of themselves, they had no disputes or conflicts among them.

We also have examples of those that had begun this process but still had unbelief, so as they were seeking the truth they brought their disputes to the Lord to have them resolved and reached a new level of no conflicts. We were given an example of the people of 4th nephi bringing a dispute to the Lord on what they should call themselves. They received more light than they had asked for. They reached a level of no conflict, and another, and another, and another. I believe each new level was the result of bringing their disputes to the Lord and as a result being bonded together in love. They were one and became the body of Christ. They all shared in the heavenly gift. They received a new name, a new identity. They had taken upon themselves the **name of Christ**.

I want to point something out here. If you remember at the beginning of this talk I connected the fall of man with losing our identity. I also showed how the chains of the accuser were the lies and attack **on our identity** that caused our separation from God and from one another.

The first thing that happened with the people in 4th Nephi that led them away from the oneness they had once had was some of them “revolted from the congregation and taken upon themselves the name of Lamanites.” They lost their identity in Christ. They fell back into this realm. The next thing we read is they were lifted in pride and didn’t have all things common among them. What is pride? Covering ones sins and hiding behind a false identity, seeking to be built up because you are disconnected from who you really are. Eventually they all fell and divided and we know the end result. They sabotaged through self destruction. They experienced their own fall from Grace, like Adam and Eve and all of us.

Going back to the fruits of those who went through this transformation. They were born again as a result of repentance. They lived in peace with one another and had no poor among them. They did the work of going through the process of obtaining a new heart and having a mighty change.

The light is where oneness exist. We find forgiveness and discover each others light because we have let go of the past and allowed each other to become new. Think of the story of Les mis, when the bishop responded to theft by covering Jean Valjean with charity, reminded Him who He was and gave him an opportunity to become a new person. Every moment is an opportunity to change and become new. All that exist here is the present moment. Things are unpredictable and unfamiliar because we have let go of our assumptions and predictions. It is the place of intention and creativity. (The muck is the place of sabotage, and survival.) This is the place of possibility and miracles lie because we have overcome all unbelief. Remember if miracles have ceased its because of lack of faith and unbelief. Unbelief is believing the wrong thing. When all things are reconciled through the atonement of Christ, we can live in harmony with one another. Here we believe in one another and see one another full potential. We show up and support one another and are able to share in the light we each have to offer the whole.

Here there is no drama or contention. Why? We are victors instead of victims, accountable to God and one another. There is clear intention in every word and deed and we remaining in honor and integrity and true identity. Here we are child like in being able to see each other clearly with new eyes, clean again, full of love and life and living with authenticity. We see each other through eyes of love. We discover our oneness and recognize the beauty of another soul.

This is where you are built on a solid foundation of truth having bound that spirit of the accuser, allowing him no place in your heart. Here there are no lies, therefore there are no contentions. And again, and perhaps most importantly, they had taken upon themselves a new identity. The name of Christ.

Those that break through the veil of Unbelief, it will be their children who build Zion. Why? Because when we learn what our true identity is we bind the accuser in us. At that point we don’t become the accuser and our children are able to stand in the truth of who they are. Binding satan is to bind the endless cycle of domestication. If we teach our children the truth about who they are and allow them to live authentically, and they do the same for their children and so on, We have the accuser bound.

This state of freedom can only remain as a result of everyone maintaining personal freedom. We each have to maintain a personal heaven by binding the spirit of the accuser in us. How do we do this? Each of the archetypal behaviors we talked about has a flip side behavior that can bring us into the light and help us stay in the light if is done with intention and humility. This is another way of looking at the process of repentance and the Doctrine of Christ. Through the process, our weakness literally becomes our strength.

Victim -> Victor

Be 100% accountable for EVERYTHING in your life. Don't take things personal. If you don't take things personal, you will break 75% of all lies and agreements that hold you bound in chains. Set and maintain healthy boundaries. Go to Christ and ask Him to help you come to know your correct identity.

Prostitute -> Honorable

Renew your integrity and honor every time you recognize you have stepped out of it. If you use your word against yourself or someone, renew your word. Align your actions with your words. Do everything you can to remain impeccable with your words and deeds. Be aware of when you start feeling like you have to survive. Stay in your true identity, the one Christ has given you.

Saboteur -> Intentional

Clear up all assumptions. Be willing to ask for the truth so you can get clear. Be intentional. If you can discern fear, you can stop all self destructive patterns and empower yourself to move through your fears so you don't sabotage yourself and others. Get your heart at peace before you make decisions.

Childish -> Child Like

Forgiving, innocent, Happy, positive, free of the past and open to all possibility etc.

We may not get here and stay here, not at first, some of us have had glimpses of it, others exist here already, and some are in the process of breaking through this veil of unbelief. We make mistakes and may fall again and find that something in our life isn't working so we get to practice being accountable, renewing our word and integrity and getting clear again. Each time another opportunity presents itself we can achieve a new level of peace and a new level of having no contention among ourselves by clearing up further disputes, or lies that are causing us to not be at peace. Like the people of 4th nephi we can achieve new levels of peace by softening our hearts, asking the Lord for His part and receiving more light to bind the accuser with.

I want to give an example of what this might look like.

When Mark and I were first married in 2016 we had a lot of struggles right away due to dynamics that come with having a blended family. When an issue came up between us, At first we fell into the trap of fighting, saying offensive things and as a result divided from one another. We had harsh assumptions, unable to see each other clearly. We made each other wrong and seen one another **as** the problem. Where we did agree was that we would never go to bed feeling divided. We really took our relationship seriously. We both had read and studied a lot about relationships. I had spent the last several years going to relationship seminars and retreats. We took the tools we learned and came together in prayer asking for a system we could use to bring us back to peace with ourselves, each other and God, and all His children. When something came up between us, we put the problem on the table in front of us, sat next to each other and began our process. We started with a prayer asking the Lord for guidance in our discovery and that He would show us what we needed to see. We each got a notebook and a pen and wrote down everything that came to us. We looked at the triggers coming up and used it as an opportunity to discover our victim stories that we were mirroring for one another. In this digging, I seen how his words and actions were making me feel not enough. And He realized that my words and actions were making him feel unworthy. We discovered the story of our childhood that it stemmed from and shared it with one another. We went through all our assumptions and cleared those up as much as possible. We then recognized the strong holds, or the things we learned from our past that seemed to be the cause of division. Those also mirrored one another. In this process of discovery, we spent a lot of time in prayer,

conversations and meditation seeking to unite our hearts together again. Instead of arguing, our time went into self discovery. We were able to support each other and hold space for each other.

For example there was a situation where I said something and Mark responded with "what?" I became triggered by his tone and assumed he was annoyed at me or what I said not realizing it was simply because he didn't hear me. I shut down and said "never mind." This triggered Him and we found ourselves both offended. It felt like a slap on the face to Him. I felt like He was being a jerk and attacking me. So we did some digging. I discovered that I had learned to shut down and not use my voice, because I believed I annoyed people, I wasn't enough. It stemmed from being told to stop talking so much as a child. For Mark, it stemmed from a childhood experience when he said "what?", was told "never mind" and as a result He formed a belief that He wasn't worth repeating things too. His victim story became "I'm unworthy." After discovering this, Mark encouraged me to use my voice more letting me know He does want to hear me. And I let him know that I do want connection and that I value Him and our relationship a lot. We reminded each other of each other's real identity.

There **were** times we couldn't seem to come to an agreement. So we agreed to pray about it. We each took a turn explaining the things we discovered about our victim stories and what we were triggering in one another. We asked the Lord to tell us who we really were. We also explained how we seen the issue and what we believed the right answer was, and then explained what the other person's view was and what they believed the right answer was. We presented the things we discovered and acknowledged where we were stuck, by recognizing where we couldn't agree. Then we asked the Lord to show us what the truth was and how He felt about it. After we prayed we would sit in meditation, and wrote down any inspiration that came to us. Then we shared with one another what we had received. Every single time at least one of us, more often both of us were wrong and were shown why. As a result found reconciliation, found unity and had a direction forward. Many times this meant having to have our sins, and pride exposed in front of one another. It was uncomfortable. But we both wanted the truth and both wanted unity.

We became proactive about seeking and asking before we had a dispute. It became an exercise of confession that we made a daily habit of, for the years 2017 and 2018. We noticed that as we sought to cleanse ourselves of lies and unbelief, our relationship grew stronger and we bonded together in love. It required new levels of confession and vulnerability that was very uncomfortable. But we learned to cover one another in charity. And in this we discovered the truth of who our Lord is and what He has done for us. All that was left as a result was a new level of deeper understanding and a new level of love and friendship.

We saw one another with new eyes and could see the truth of who we were. The illusion of separation was removed and we had the new understanding that we were one. We saw how our weaknesses were so carefully designed to mirror one another so we could grow and learn from one another. It was like we agreed with each other before this life to rub up against each other's wounds so we could find healing and learn lessons of mortality that we were meant to learn. (Like Forgiveness and Love)

I have discovered over and over again that we are already one, all of God's creation is one because we have the same creator and are of the same earth. We fail to recognize it because all we can see in this muck is the result of the lies that divide us. So we have the illusion of division. It is the very things that divide us that can offer us clues to how we can actually come together and be reconciled through Christ's atonement. It's the triggers that are brought up when we inflict wounds onto one another that give us opportunities to uncover the lies that divide us so we can then discover the truth that unites us.

We are all connected; whether we can see it or not. It's there in the form of lessons to learn from one another. All of us in this movement agreed before we came here to teach one another

so we could grow together. What this people thinks divides us is actually the very things the Lord reconciled through the atonement so we could be united again. He provided the way in which we can be gathered. We can discover this if we together go to the Lord for His part, so he can give us new eyes to see. He has reconciled it all so he understands it all. He has extended to us the invitation to come to Him, to learn the truth about ourselves and each other. This invitation is also to come to know Him and be reconciled with Him. It sounds a lot like the invitation to come to him and be gathered together under His wings. If we will, He is offering to us to heal us from our blindness and to give us a new name, the Name of Christ.

He is offering us a new story and a new identity, New eyes and a New heart. You go from believing that “Your not loved” to knowing that “Gods love for you is infinite!” You go from believing your worthless to discovering your infinite value. You go from believing you shouldn’t use your voice, to knowing that your voice is a Gift from God and when you use it, is your gift back to Him and humanity. And when you understand all of this about yourself you know this about every single son and daughter of God. You go from being distant from one another and begin to show up for one another and support one another in things to be celebrated. We go from judging one another to showing up and helping carry each others burdens. We go from using our words to cause drama to using our word to encourage one another saying, I believe in you. You have more light and more potential than you even realize. And we love each other unconditionally which invites one another to live authentically. And through all of this, we bind the accuser. He has no more power over us or our identity because we know who we are and whose we are.

Notice the very gift you are to humanity is the very thing the accuser attacks. The fear that he plants in you is the lesson you get to learn/ the fear you get to break through. That is why our very weakness becomes our strength. If you learn the truth, the truth will set you free. We can do this by hearing the word of God and planting a new seed in our hearts and acting on IT, agreeing with IT, Nourishing it and let it grow by acting on it. Hearing the word of God and doing it is the only way to build a firm foundation on truth.

What does this mean for us?

Before I end I want to bring our attention to us as a people.

First I want to be very clear that I am NOT going to suggest that we reopen the statement of principles project. And Im NOT GOING to suggest that we rewrite it so please don’t assume that is what I am about to say. Please hear my heart and try to hear me from your heart.

I want to point out 3 things.

First off the Lord told us that if our hearts were right it would have been an easy thing to do. I think we can agree that it wasn’t easy. We were also told to go obtain a new heart.

Back in April Mark and I were trying to decide if we were going to go to New York conference. I was very afraid of leaving my boys especially our 3 year old Amulek. He just spent 2-3 weeks of having multiple seizures a day. Some of our friends and family were also advising us not to go because of their own fears. When we prayed about it the answer we got was, if you hearts were right it would be of benefit to go.

I was like what? If my heart was right? What do you mean!?! Im concerned about leaving my boys, how is that not right!?! So I did some reflecting to discover what really was on my heart. I realized my heart was filled with much fear and wasn’t right after all. So I went through **many** processes, offering up my fear to the Lord asking that he help me get my heart at peace. I released all my fears of leaving Amulek so I could make a decision from a place of peace rather than fear. After doing this it came to us that our children would be fine and we would have a great time if we chose to go. So we went.

After this experience it occurred to me that the Lord said the same thing to us as a people. "If your hearts were right". I had an ah-ha moment realizing that we as a people remained in our hard hearts. The Lord told us we were being Satan, in accusing one another. Remember how we all take on a false identity and become the accuser? That is exactly what we did during this project, we took on the name of Satan. Our wounds didn't start with this project, the project multiplied the wounds we all ready had and validated our victim stories. These same wounds are still among us today in our interactions with each other. Its not the project's fault. It only revealed to us the condition of our hearts.

I think we can all agree that the fruits of our efforts match the description of the carnal state and the description of those of a hard heart. We were told of our mistrust, and misconduct towards one another, as well as our stubbornness, pride and blindness.

The Lord also told us that we have failed to see each other as he sees us. We have been blind and have failed to see each other clearly. I want to suggest that the reason we got the fruit we got is because we had remained in the carnal state. We hadn't gone through the necessary cleansing process of repentance. We haven't received a mighty change of heart or His image in our countenances. We haven't received the baptism of fire and the holy ghost and taken the Holy Ghost as our constant guide and companion. We hadn't humbled ourselves in order to get into the light, so we could actually see clearly His will to do it. These I believe are some of the things we ought to have learned.

2nd, Some of the things the Lord pointed out was that He is loving us all right where we are at, even in our weakness and blindness. He told us that we are not looking at nor valuing each other as He does. He can see us all clearly. He knows our true identity. Remember that conditional love was the reason we stepped out of our false identity in the first place. If we begin to love each other right where we are at, does this open the doorway to discover our true identities and discover our oneness? He asked us to **labor together wisely even if we do not know before hand what we will find**. Is this what we will find? A way to unite because we have discovered the truth of who we are? Loving each other unconditionally gives each other permission to live authentically which opens the door to see each other through Gods eyes. Like what the bishop in les mis did for Jean Valjean. Loving one another and returning good for evil is a part of our waking up process. It is opens the way to discover the light in one another.

Lastly , We have had many indications that we are lacking wisdom and remain in the dark unable to see clearly. The foundation of the restoration came from 14 year old boy who realized he lacked wisdom. He read the simple passage "If any of you lack wisdom let him ask of God...."

We clearly lack wisdom among us, yet we have failed to bring our disputes to the Lord and Ask Him for wisdom, and we have failed to produce natural fruit. Are they related? I would say so. I believe its related to our hard heartedness and refusal to ask for His part so we can actually see clearly His will do to IT. What we have needed and still need is more light.

The Lord condescended to speak to us telling us what we needed to do. He said He desired to heal us from our awful state of blindness. He said to "Pray together in humility and together meekly present your dispute to me, and if you are contrite before me, I will tell you my part." He has given us an invitation to receive the truth, to be in a relationship with Him, and to receive healing.

I have heard many people say that we don't have disputes almost like they are so afraid to see them and acknowledge them. Yet the Lord says we do. He told us recently that we still do. He said "Let every person take care in how they use my name, as if I had part in their every dispute, for many things provoking arguments among the people are born from pride,

stubbornness, aspiring for control, and reckless indifference **toward me and one another**. I bear with the people still, and patiently await the **return of natural fruit in my vineyard**. Do not be misled by my patience, for the time is quickly approaching for the harvest of my vineyard.”

I'd like to remind us all that Laman and Lemuel were described as having hard hearts, and blindness. They stayed in this condition because they refused to ask for wisdom, they refused to see the light. I'd like to suggest that not only did we try to accomplish the assignment before we obtained a new heart, we also skipped the process by which revelation comes because of our hard hearts. When we ask and receive more light and truth, our blindness is removed.

We cannot skip this process by which revelation comes. It is part of the process of repentance. Those in the covenant of Christ that received a new heart also received revelation. They received many things, including things that couldn't be written. Were those things the mysteries of how to have no contention and live in peace with each other? Are they things only the higher mind can comprehend after we can see clearly? Are they things only a **people** can receive and understand **as a people**. I believe so.

Our foundation is sure **only** when we hear the word of the Lord and do it. That is why the people had no contentions among them. We have an example of them bringing their dispute to the Lord to receive His part which brought new levels of light and new levels of having no more contention.

We have an opportunity here. We are about 7 years old in the covenant going on 8. This is the time for us to acknowledge all of our mistakes, being accountable before the Lord and confessing our weakness and sin before him so we can renew our covenants with him. The Lord laid out the process clearly in the Covenant of Christ. It has been given to us in plainness. Are we willing to let go of our false images, and go through this process so we can wake up and come to know the truth about who we are and who our Lord is? Can we let go of what we think we know, and what we learned so that we can learn what we ought? Are we willing to give up our trust issues, our wounds, all the conditions of the flesh that divide us? Can we offer that up in sacrifice in exchange for a higher way? Gods way? How oft would I have gathered you as a hen gathereth her chicks safely under her wings... but ye would not. How oft will I gather you as a hen gathereth her chicks under her wings. The Question remains. Will we now?

I want to invite us all to go through this process together. To repent and turn and face God. I want to invite us all to seek to love one another unconditionally, right where we are at, and follow the Lords example in this. I want to invite us all to have conversations with each other repenting, and confessing and forgiving one another, letting go of all the past wounds, renewing our efforts of integrity and going through the process together to obtain a new heart. Only then will we be able to do anything the Lord asks of us as a body.

And I'd like to invite us all to begin to come together and to, together meekly and humbly present our disputes before the Lord, willing to receive His part, even if it exposes us in our pride and weakness. He told us, If people come unto me, Ill show them their weakness. I give people weaknesses so that they can be humble. And my **Grace is sufficient for all people** who humble themselves before me. If they humble themselves before me and have faith in me, then ill make weak things become strong unto them. Ill show the Gentiles their weakness. Ill show them that faith, hope and charity lead to Me, the Source of all righteousness.” This is the repentance process that brings us into Grace.

In Conclusion:

I want to consider the symbolism of the Monarch Butterfly for a moment. We are like the caterpillar in that we start out as the consumer. All it does is survive, eats, destroy, its limited in where it can go or what it can see.

After a period of ravenous consumption, a caterpillar welcomes the process of change by finding an appropriate perch and it forms a chrysalis. Inside the chrysalis the caterpillar, unable to move, actually dissolves into organic goop. Cells, which had been dormant in the caterpillar and which biologists call “imaginal cells,” begin a painful process of creating a new form and structure.

At first these imaginal cells – the seeds of future potential, which contain the blueprint of a flying creature—operate independently as single-cell organisms, entirely independent of one another. The immune system of the caterpillar even identifies them as threats and attacks them. Regardless, the imaginal cells persist, they multiply, and they connect with each other. The imaginal cells form clusters and clumps, begin resonating at the same frequency and communicate in the same language, and passing information back and forth until they hit a tipping point. At this point, they stop acting as individual, separate cells and instead, become a multiple-celled organism: a butterfly. In its new form it has access to an entire different world. It becomes the pollinator, creator, a benefit to nature, it is no longer limited. The truly astonishing thing about this is that during the transformation, the caterpillar's old body dies and a new body forms inside the chrysalis . There is absolutely no structural similarity at all between a caterpillar and a butterfly. Even its eyes are completely new.

Are we willing to transform from a caterpillar to a butterfly. Are will willing let our old selves die so we can take on a new identity and receive new eyes? So we can learn what we ought to have learned? Even if it looks messy or is painful? Even if it turns us into a ball of goop for a while? I know I really don't want to miss out on whats on the other side.

One last thing: In the recent years scientist have discovered something very profound. They have discovered that we, human beings, have imaginal cells in our hearts. What does this say about our potential to change and transform? Is it our hard hearts that prevent us from this transformation? Remember these cells may be there but they lay dormant until activated. Some Caterpillars die, having never gone through this transformation.

What would happen if we stopped fighting against the change and instead we activated the word of God in our hearts and allowed that change to happen in us, individually at first. What if in a sense we were all individual cells, but all potentially part of the same multi celled organism. What if in this process of change we could all begin resonating at the same frequency and communicate in the same language, passing information back and forth until we hit a tipping point, – when we stop acting as individuals, separate from one another and instead, become one as a body of believers in Christ. The potential is there in each of us.

The question is will we surrender and allow Christ to guide us through this painful yet transforming process, no matter the cost? Just as it takes the total disintegration of the caterpillar's structure in order to create a butterfly – it will require the complete breakdown of everything we think we know, it will require we give up our wounds and behaviors and sacrifice the things of the flesh. It will require the death of the old self so we we can be born again in Christ, returning to that state where we are new, clean again.

What the Lord is up to today is the uniting of all things together in Christ. As we can see.. it is quite the process. Let us rise up, and receive Him so our hearts can be new, so our eyes may be new, and so we can know our true identity in Christ. Thank You.